

# Player's GUIDE

Responsibly. It's the only way to play.

## Playing responsibly is all about knowing your limits and playing within your means.

Our games are intended to be a low-cost form of entertainment. We know that most of our players enjoy playing our games for the fun and excitement of it, but for others, gaming of any kind can create a problem. So, we aim to help those players, too.

## RESOURCES

We want our games to remain fun for our players. But if you or a loved one are struggling with a gambling addiction, we encourage you to seek help by contacting:

### **The Florida Council on Compulsive Gambling (FCCG)**

Multilingual Helpline Number: 888-ADMIT-IT (888-236-4848)

### **National Problem Gambling Helpline**

Call or text: 1-800-522-4700

Chat: [ncpgambling.org/chat](https://ncpgambling.org/chat)

### **Gamblers Anonymous**

Florida Hotline Number: 855-222-5542

These organizations provide all kinds of resources to those who may have a gambling problem, some of which include support group meetings, treatment with a certified counselor, and self-help recovery workbooks. The selected organization(s) will work with you or your loved one to determine the resources best suited to their needs.



# Are you playing responsibly?

Check off your responsible playing habits.

- I have a budget set for how much money I spend on Lottery tickets.
- I only use discretionary income, or money I can afford to lose, to play.
- I only play the Lottery for fun.
- I do not use the Lottery as a consistent way to make money.
- I do not play the Lottery when I am upset or depressed.
- I do not let the Lottery negatively affect my home life.
- I do not feel the need to win back money I have spent on the Lottery.
- I do not pull money from my savings or borrow money to play.
- I do not feel a compulsive need to play Lottery games.
- I do not play Lottery games to escape worry, trouble, loneliness, grief, or loss.

Hopefully, you checked all of these and are playing our games responsibly. However, if you think you may need additional information and resources, please visit our Player's Guide at [playersguide.flalottery.com](https://playersguide.flalottery.com).

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